2014 SUMMER SCHOOL
TRADITIONAL CHINESE MEDICINE PROGRAM

Issue Date: Nov. 1st, 2013

Theme of the Program —
A Miraculous Tour: Chinese Medicine Exploration

About the Program
Traditional Chinese medicine is undoubtedly deemed as the quintessence of Chinese culture. It has been well recognized across the international community for its natural therapies, holistic medical philosophy and significant clinical efficacy. Lectures, cultural experience and field trips offered in this program will enable international students from very different cultural and educational backgrounds to get to know Shanghai, understand Chinese culture and experience the magnificent traditional Chinese medicine. Young volunteers are ready to welcome and help you.

Modules of the Program
• Chinese Language and Culture
• Traditional Chinese Medicine and Chinese Medicinal
• Acupuncture and Tuina
• Clinical Application of Traditional Chinese Medicine
• Life-nurturing and Healthcare

Learning Patterns
• Lectures on Traditional Chinese Medicine
• Chinese Language Learning
• Experience Chinese Culture First-Hand
• Study Tours
• Field Trips to Chinese Medicinal Gardens

Date of the Program — June 15th (Sunday) - July 11th, 2014 (Friday)
Period of the Program — 4 Weeks

Application Deadline — April 30th, 2014

Venue of the Program — Shanghai University of Traditional Chinese medicine

Cost
• Application Fee: 500 RMB (un-refundable)
• Tuition: 5,500 RMB
• Food and accommodation fee: 5,000 RMB (Remarks: This price is for standard double room. One needs to pay the price difference for staying in a single room.)

Application
• Shanghai Summer School (3S program) Scholarship Program
  Maximum Headcount: 20
  Scholarship Award: Exemption of Tuition, Food and Accommodation Fees

• Shanghai University of Traditional Chinese Medicine Scholarship
  (International Summer School Program)
  Maximum Headcount: 20
  Scholarship Award:
  ■ Class A: Exemption of Tuition, Food and Accommodation Fees
  ■ Class B: Exemption of Tuition

• Self-support Summer School Program
  Maximum Headcount: 40

*About Exemption of Accommodation fee: This program will cover the students’ accommodation fee between June 15th, 2014 (Sunday) and July 12th, 2014 (Saturday). If your stay in Shanghai exceeds the duration of the program, you need to pay the extra accommodation fee.

Applicant
• Foreigner, Above 16 years old, Healthy.

Contact Us
• iec.summerschool@shutcm.edu.cn

About Visa
• Please apply X2-visa with Admission Notice.

Attachment:
• Application Form — Click to Download
• Bank Account Information

Account Name: Shanghai University of Traditional Chinese Medicine
Bank Name: Industrial and Commercial Bank of China, Dong’an Road Branch
Bank Address: No. 520, Wanping Road (S), Shanghai, China   200032
Account №: 1001239109004636961
Swift Code: ICBCNKBHSHI
2014 Summer School TRADITIONAL CHINESE MEDICINE PROGRAM

About the course

Theme of the Program—
A Miraculous Tour: Chinese Medicine Exploration

Program Modules

1. **Chinese Language and Culture (24 hours)**
   
   This module enables students to learn daily Chinese conversations, experience Chinese martial arts, Chinese calligraphy and Peking Opera. It also aims to help students know better about Shanghai through the tour to Yu Garden, Huangpu River, Shanghai Museum and Xin Tian Di.

2. **Chinese Medicine and Materia Medica (32 hours)**
   
   This module introduces the origin and development history of Chinese medicine; how Chinese medicine understands the nature, human body and diseases; how Chinese medicine diagnosis diseases; components of Chinese materia medica; and common formulae. This module aims to present with the history, essential theory, diagnosis, pharmacy and formulae of Chinese medicine. It also aims to help students understand how to collect and prepare Chinese materia medica through field trip to planting and processing base of Chinese herbs.

3. **Acupuncture and Tuina (12 hours)**
   
   This module introduces two common external therapies: acupuncture and tuina. Main contents include needling technique, moxibustion, cupping, common tuina manipulations. Students can experience the amazing power of acupuncture and tuina during the learning process.

4. **Clinical Application of Traditional Chinese Medicine (8 hours)**
   
   This module introduces application of Chinese medicine and integrated Chinese and Western medicine in modern society. The visit to university affiliated hospitals can enable students to understand the application and vitality of Chinese medicine in modernized hospitals.

5. **Life-nurturing and Healthcare (16 hours)**
   
   This module introduces qigong, herbal diet, cosmetology and foot reflexology massage. It enables students to understand that Chinese medicine is not limited to disease treatment but also a life nurturing method. The knowledge in this regard can benefit students’ lifestyles and improve their wellness and quality of life.
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